

All people have the same right to use music as art in a way that is appropriate for each individual. Physical, psychological and existential health is a resource we all hold - and deal with - in different ways. This presentation offers a brief overview of the field of music and health, and provides examples from 'health musicking' in Norway.

Gro Trondalen, PhD, MA-MT, Fellow of AMI, is professor in music therapy and Director of Centre for Research Music and Health (CREMAH) at the Norwegian Academy of Music, Oslo. She is an experienced researcher, music therapy clinician and supervisor within mental health care. Gro Trondalen has a private practice in The Bonny Method of Guided Imagery and Music (GIM).

Leopold-Mozart-Zentrum der Universität Augsburg
Maximilianstraße 59,
Augsburg

5. Mai 2017,
19 Uhr Konzertsaal
Eintritt frei



Gro Trondalen PhD, Oslo

Music and Health
**Music belongs
to everyone!**

