



**Susanne Metzner (Ed.)**

## **Reflected Sounds**

### **Case Studies from Music Therapy**

With contributions by Jos de Backer, Maria Becker, Ingo Engelmann, Susanne Metzner, Inge Nygaard Pedersen, and Gitta Strehlow

Epub e-book

Price: 9,99 Euro

ISBN 978-3-8379-6593-3

Publication Date: September 2013

**Our e-books are available at Libreka, Amazon, iTunes, Kobo, and Nook**



**Psychosozial-Verlag**

Walltorstr. 10  
35390 Gießen  
Tel.: 06 41/96 99 78 18  
Fax: 06 41/96 99 78 19  
bestellung@psychosozial-verlag.de  
www.psychosozial-verlag.de

Music in therapy allows a sensual awareness of overlapping inner and outer spaces. This in turn allows thoughts to wander and linger over objects of interest that both contain the past and make possible the present, that are associated with amiable beginnings as well as leaving open what the future will bring. Due to these processes we do not only live once. Everything is reverberating, says Erich Fried, and continues: "and everything that I say about this echo, echoes and echoes". This all happens within a further space, namely a social one that is able to maintain all social structures despite its fragility.

The case studies presented by the different music therapists in this volume – previously in German and now in English translation – allow the reader to take a journey through very different spaces and to engage in a process in which their own presence develops through the resonance of events. Starting from common points of reference, that is, a psychoanalytic understanding of therapy and the use of music in individual therapy with patients suffering from severe and in some cases prolonged psychiatric disorders, the authors select that form of presentation which appears best suited for the respective case by alternating between descriptions, reflections, and explanatory or deeper theoretical considerations, by retrospectively organizing the material, by structuring, summarizing, or highlighting it, and – in specific cases – by including examples in the form of sheet music for the sake of illustration.

With contributions by Jos de Backer, Maria Becker, Ingo Engelmann, Susanne Metzner, Inge Nygaard Pedersen, and Gitta Strehlow

Dr. *Susanne Metzner* is Professor for music therapy at the University of Applied Sciences Magdeburg-Stendal since 2001 and is Head of the Master training courses 'Methods of Music Therapy Research and Practice' and 'Interdisciplinary Therapy in Mental Health Care'. As an expert in music therapy in mental health care and in pain management she has published a wide range of articles and book chapters, presents at national and international conferences and initiated several research projects.