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PLAY IT AGAIN! SYMPOSIUM ON MUSICAL COMPOSITION PROCESSES IN MUSIC THERAPY

Type: Round Table

Topic: Practice / Clinical Practice

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Abstract

In composition experiences within music therapy client and therapist create songs, instrumental pieces, or any kind of musical product. The symposium focusses on musical strategies clients are using and about the psychological as well as interactional processes clinical material from different fields of practice and on the clinical benefits.

Description

Composition experiences within music therapy either solely musically or in combination with lyrics help the client to develop skills in creative problem solving and the ability to communicate and to document inner experiences. According to the treatment concept, to the psychophysical state of the client and to the therapeutic goals the therapist is more or less actively involved and assists the client to find and to combine the musical elements in order to create instrumental pieces, songs, raps or any kind of musical product. Clinical experiences in song writing or in music-imaginative pain treatment (entrainment) show a surprising expertise of clients, who are non-musicians. In order to understand more about the musical strategies clients are using and about the psychological as well as interactional processes clinical material from different fields of practice and research results are brought together by an internationally compiled panel of experts. Dr. Felicity Baker (Australia) focusses on the role of music in the therapeutic songwriting process. Peter Michael von der Nahmer M.A. (Germany/USA), who is a composer and music therapist, presents how patients find and develop musical form, context and logic in their compositions. Helen Short M.A. (UK) describes work with young offenders, focusing on the way in which the client's music in original and improvised Rap can be shaped by the therapist to provide a holding and containing function whilst retaining the stylistic elements of the genre. Renan Koen M.A. (Turkey) presents her music therapeutic approach with compositions on biographical narratives of clients and Dr. Susanne Metzner presents the results of a qualitative study on composition processes with patients suffering from chronic pain.

References

References will be provided at the symposium

Mini biography of presenter

Prof.Dr.Susanne Metzner - www.susannemetzner.de

Prof.Felicity Baker PHD, Melbourne/Australia - <http://scholar.google.com.au/citations?hl=en&user=4wJsCTAAAAAJ>

Michaelv.d.Nahmer MA, Composer/Musictherapist, Germany/USA - www.PeterMichaelvonderNahmer.com

Helen Short MA, Musictherapist, SecureUnits, NHS UK

Renan Koen MA, pianist/soprano/composer/musictherapist, Turkey - www.myspace.com/renankoen

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