

10th European Music Therapy conference, Vienna 5-9th July 2016

Roundtable:

Of course all music therapeutic relationships are unique!

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In reference to Edward Tronick's statement on mother-infant relationships the roundtable raises the question how to negotiate the necessity of using standardised (psychological and musical) assessment instruments on one side and implicit relational knowing on the other side within music therapy practice. A psychodynamic concept of music therapy is based on the assumption that co-creation processes lead to a change of the way the patient makes sense of the world and of the ways she or he relates to significant others. This in mind uniqueness has always to be considered and intuition is constituent for practicing music therapy, for the assessment and for the evaluation of the underlying processes. The four papers will approach this from different perspectives including individual and group music therapy:

Listening and Responding - Intuition in Music Therapy Sessions (Nicola Scheytt)

Fragile Aesthetics - Relationship Diagnostics in Music Therapy on the Basis of Improvisation (Annegret Körber)

Getting involved – Emotional self-perception, expression and interaction in Group Music Therapy Sina Glomb)

Hermeneutic Analysis of free Group Improvisations in Music Therapy (Susanne Metzner)

The four music therapists hope for comprehensive contributions from their colleagues in the audience.

Keywords: co-creation-processes, intuition, relationship diagnostics, psychodynamic music therapy, standardised assessment

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